



Thursday 3rd November 2022

Dear Year 3 Families,

**Young Hackney Year 3 Personal Best Programme Autumn 2022**

I am writing to let you know that we have just received confirmation that your child will be participating in the Young Hackney Personal Best Programme this year. This is a sports and healthy lifestyle programme aimed at Year 3 pupils in Hackney. Every child will complete a variety of multi-skills sports activities and record their achievements. They will then compete against themselves to improve their own personal bests.

The first round of the programme will take place on **Friday 4th November** with follow up sessions on **Friday 11th November** and **Friday 18th November**. Children should come to school in their PE kit wearing trainers or ensure they have trainers to change into for their session.

The 12 children with the most improved times and distances over the three sessions will be invited to the Personal Best Games Festival & Celebration at Hackney Marshes which will take place on Wednesday 5th July 2023 where they will compete against children from other Primary schools in Hackney.

Please speak to your child's class teacher or myself if you have any questions.

Best wishes,

Josh Middleton  
Assistant Headteacher