

# Friday 20th September - Grazebrook School

## 9.00am - 11.00am



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### The Family Coach Service's Autism Education Trust Training -

### Understanding Autism

Open to all parents in Hackney

#### What to expect from *Understanding Autism*.



A group of parents covering the following topics in a non-judgemental and confidential space:

- Understand the importance of getting to know your child as an individual.
- Approach autism as a difference rather than as a disorder or impairment.
- Understand how three areas of difference can affect autistic people, and how to identify their strengths and needs.
- Reflect on and implement reasonable adjustments to support your autistic child

#### WHO ARE WE?



**Hello!**  
**We are Emily And Rachel**  
**The Family Coach Service**

- 20+ years experience working with children and families.
- Committed to empowering families and reaching their potential.

#### WHAT SERVICES DO WE OFFER?



##### Parent empowerment groups

For parents of a SEN child that attend a Hackney school or lives in Hackney.

- A space for you to work towards goals
- Support of a wider community
- Celebrate successes and problem solve together.

##### 1:1 Family Coaching

For parents of a SEN child that lives in Hackney.

- Identify a change you'd like to make
- 6 sessions
- Feel empowered to work towards achieving self directed goal

#### CONTACT US

If you have any questions please send us an email

[familycoach@hackney.gov.uk](mailto:familycoach@hackney.gov.uk)

We look forward to working with you soon!