



Homerton Healthcare NHS Foundation Trust

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Dear Parent/Carer,

Important Reminder: Responsibilities for Children Prescribed Adrenaline Auto-Injectors

We are writing to emphasise the importance of ensuring that children and young people prescribed adrenaline auto-injectors (AAIs) have access to them at all times. Anaphylaxis is a serious and potentially life-threatening allergic reaction that requires immediate treatment with adrenaline.

To help protect your child and ensure their safety, we kindly remind parents and carers of the following responsibilities:

What You Need to Do:

Provide two in-date AAIs

Ensure your child has two unexpired AAIs with them at all times. This includes during their journey to and from school, as well as while at school and on school trips.

Regularly check the expiry dates of the devices and replace them promptly if they are approaching expiry.

Support your child in managing their condition

If your child is old enough, encourage them to carry their AAIs on their person.

For younger children, ensure the AAIs are stored in an accessible place and communicated to staff as part of their care plan.

Keep the school informed

Notify your child's school immediately of any changes to their medical needs, allergy triggers, or prescribed AAIs. This ensures that their Individual Health Care Plan (IHCP) is kept up to date and that staff are aware of any new requirements.

Why Two AAIs Are Essential

Current national guidance recommends carrying two devices at all times. In some cases of anaphylaxis, a second dose of adrenaline may be required if symptoms persist or worsen after the first dose. Having two AAIs available is vital for managing such emergencies effectively.

[Guidance on the use of adrenaline auto-injectors in schools](#)



[Downloads - Draft | Anaphylaxis UK](#)

School's Role

While schools may hold spare AAIs for emergency use, these are not a substitute for a child's prescribed devices. Parents and carers remain responsible for ensuring that their child has their personal AAIs available at all times.

If you have any questions or require further advice, please contact the School Nursing Team at:

Email: huh-tr.schoolnursescentralcontact@nhs.net

Thank you for your cooperation in supporting these important safety measures and for helping us ensure the wellbeing of all children at risk of anaphylaxis.

Yours sincerely,

City and Hackney School Nursing Service

Marta Thlon

Senior Nurse for School Based Health Service and LAC Services.

