



Tuesday 19th May 2026

### **Reminders: Healthy Snacks, Allergies, and Toys at School**

Dear Parents and Carers,

As we head into the final weeks of the term, we want to thank you for your continued support in making our school a safe, happy and focused place for all our children.

To help us maintain a safe and positive environment, we would like to share a few important reminders:

We encourage all children to bring in a healthy choice for their breaktime snack (such as fruit, vegetables, rice cakes or yogurt). Children **must not** swap, share or trade their food with others. We have several children in school with severe, life-threatening allergies. While a snack may be perfectly safe for your child, it could be highly dangerous to another. Please reinforce this "no-sharing" rule at home.

To support our **Healthy School Policy** and ensure children have the sustained energy they need for afternoon learning, we ask that packed lunches are well-balanced. These may include sandwiches, wraps or pasta salads, yogurt, cheese cubes or crackers as well as fruit or veggie sticks (cucumber/carrots). Fizzy drinks or high-sugar energy drinks, sweets, chocolate bars or any nut products (e.g., Nutella, peanut butter) are not permitted.

We kindly ask that all personal toys, including fidget items, pop-its and trading cards, **remain at home**. Toys of any kind are not permitted in school.

Recently, we have noticed children attempting to trade toys or fidgets for food items. Given our strict allergy policies, this presents a significant safety risk. In addition, personal items frequently get lost, misplaced or broken, which causes upset during the school day.

**Please Note:** If your child requires a specific sensory or fidget tool as part of their learning support plan, this will be vetted and provided directly by the school.

Thank you for your cooperation in keeping our children safe and focused on their learning. If you have any questions or concerns, please do not hesitate to speak to your child's class teacher or a member of the leadership team.

Warm regards,

***Joanna Ichim***

Joanna Ichim  
Federation Deputy Headteacher