



Parent Coffee Mornings with WAMHS



Hi, I am Nina, Grazebrook's CAMHS Worker in School, part of the WAMHS service.

I support and promote wellbeing across the school by helping staff and parents develop a deeper understanding of students' mental health needs. I am here to support you to strengthen your skills, knowledge, and confidence in supporting your young people.

Please join us for the coffee mornings this term:

9.10am - 9.40am at Grazebrook School

Tuesday 3rd November - Understanding Behaviours

Tuesday 1st December - Managing Behaviours that Challenge